Swatantrya Sainik Suryabhanji Pawar College

Purna (Jn.) Dist. Parbhani 431 511 Email ID: ssspcollegepurna@yahoo.com

Ref No.: S.S.S.P.C./P/2024-25/



अनुसया शिक्षण प्रसारक मंडळ, परभणी संचलित, स्वातंत्र्य सैनिक सूर्यभानजी पवार महाविद्यालय

पूर्णा (जं.) ता.पूर्णा जि.परभणी website : www.spcollegepurna.edu.in

Dr. Rameshwar Pawar Principal

(M.Com., M.Lib.Sci., M.Phil., Ph.D.) **Mob. No. 9423443615**

Date:

/2024

Affiliated to S. R. T. M. University Nanded, Accredited with "B*" grade by NAAC & ISO 9001:2015

Best Practice I Activities 2023-24

Training programs for women adolescent girls and children regarding Home Science activities.

Every year Department of Home Science organize various training programs and activities for women, adolescent girls and children. During academic year 2023-24 Home Science department motivated college students for participation in various activities like online, as well as offline presentations, poster presentations, lectures. During the academic year 2023-24 activity planned and implemented are given below-

Sr.No.	Name of the activity	Date	Number of Beneficiaries
1	Diet to prevent intestinal cancer awareness was created by displaying newspaper article on WhatsApp groups on the date	20th July 2023	49
2	Breakfast importance and care awareness was created among Students by displaying newspaper article on that	21st July 2023	88
3	Diet during Rainy season awareness was created by displaying newspaper article on WhatsApp group on date	23 July 2023	76
4	Care of eyes newspaper article was displayd on WhatsApp group on the date		52
5	Modern lifestyle changed hair colour Diet and Precaution suggested by doctors was displayed on date	24 July 2023	58
6	Online Hand embroidery practical was displayed on WhatsApp group on	August 10,2023	42
7	Pre School management online You Tube		47

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पूर्णा (जं.) ता.पूर्णा जि.परभणी website : www.spcollegepuma.edu.in

Dr. Rameshwar Pawar Principal (M.Com.,M.Lib.Sci.,M.Phil.,Ph.D.)

Affiliated to S. R. T. M. University Nanded, Accredited with "B⁺" grade by NAAC & ISO 9001:2015

		Mob. No.	9423443615
Ref No.;	S.S.S.P.C./P/2024-25/	Date:	/ /2024
	guest lecture was displayed on	12th August 2023	
8			36
	Knitting Rib YouTube video practical demonstration was displayed on	12th August 2023	
9	Knitting crochet YouTube video demonstration was displayed on WhatsApp group on	12,22 Aug. 2023	48
10	Vitamin D for Calcium Absorption and skin health newspaper article display on WhatsApp group on the date	August 23 2024	42
11	Vitamin A vitamin D vitamin E and vitamin K in detail video lecture was displayed on WhatsApp group on August 26 2024	Aug.26 2024	42
12	Covid 19 effect on diet culture part first and part second YouTube video lecture was displayed on WhatsApp group on 26 August 2023	26 August 2023	78
13	Knitting sweater 60 patterns was displayed on WhatsApp group on September 10, 2023	September 10, 2023	11 20 1
14	Anemia in Adolescent Diet Care and	September 11, 2023	82

Internal Quality Assurance Cell S.S.S. P. Mahavidyalaya Purna (Jn.) PRINCIPAL
Swatantrya Sainik Suryabhanji Pawar
Art's College, Purna (Jn.)

Swatantrya Sainik Suryabhanji Pawar College

Purna (Jn.) Dist. Parbhani 431 511 Email ID: ssspcollegepurna@yahoo.com



अनुसया शिक्षण प्रसारक मंडळ, परभणी संचलित,

स्वातंत्र्य सैनिक सूर्यभानजी पवार महाविद्यालय

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Dr. Rameshwar Pawar Principal

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Prevention newspaper article was a displayed on WhatsApp group on September 11, 2023. 15 Prevention of intestinal cancer newspaper article was displayed on WhatsApp group on September 2023 16 Crosha work Demonstration YouTube video was displayed on WhatsApp group on September 2023 17 Two colour sweater designs YouTube video was displayed on WhatsApp group on September 11 2023 18 Hand embroidery YouTube video and images display on group on September and care during infancy video lecture was displayed on group on Awareness about Home Science subject was created by displaying YouTube lecture on Soft toy YouTube video was a display on group on October 6 2023 20 Greeting cards YouTube video display on group on October 14 2023 21 BMI awareness created in adolescent Girls and hands on training for calculation of BMI was given.	Accredited with "B*" grade by NAAC & ISO 9001:2015		(M.Com.,M.Lit	Principal (M.Com.,M.Lib.Sci.,M.Phil.,Ph.D.) Mob. No. 9423443615		
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Greeting cards YouTube video display on group on October 14 2023 BMI awareness created in adolescent Girls and hands on training for calculation of BMI was given. Oct. 14 2023 Oct. 14 2023 Oct. 16 and 17 47	21	Soft toy YouTube video was a display on	14 October	52		
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group on October 14 2023 BMI awareness created in adolescent Girls and hands on training for calculation of BMI was given. Oct. 16 and 17 2023	22	Greeting cards YouTube video display on	Oct. 14 2023	38		
Girls and hands on training for calculation of BMI was given.		group on October 14 2023		None P.		
Girls and hands on training for calculation of BMI was given.	23	BMI awareness created in adolescent	Oct. 16 and 17	47 ST Une Line		
calculation of BMI was given.				Saw Saw		
24 Lecture on compost farming and 26th October 57						
and compost farming and 20th October 3/	24	Lecture on compost farming and	26th October	57 Dis		

Internal Quality Assurance Cell S.S.P.Mahavidyalaya Purna (Jn.) Parbhani - 431511 (M.S.) PRINCIPAL
Swatantrya Sainik Suryabhanji Pawar
Art's College, Purna (Jn.)

Swatantrya Sainik Suryabhanji Pawar College

Purna (Jn.) Dist. Parbhani 431 511 Email ID: ssspcollegepurna@yahoo.com



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पूर्णा (जं.) ता.पूर्णा जि.परभणी website : www.spcollegepurna.edu.in

Dr. Rameshwar Pawar

Affiliated to S. R. T. M. University Nanded, Accredited with "B*" grade by NAAC & ISO 9001:2015

Principal (M.Com.,M.Lib.Sci.,M.Phil.,Ph.D.) Mob. No. 9423443615

		Mob. No.	9423443615
Ref No	.; S.S.S.P.C./P/2024-25/	Date :	/ /2024
	agriculture entrepreneur was organised	2023	
	Late K.M Deshmukh lecture series.		62
25	One day interdisciplinary offline National	30th October	63
	seminar on Women and Health was	2023	
	participated by all students on		
26	Best out of waste activity YouTube video	Nov. 2, 2023	49
	was displayed on group on		
	S. M.		
27	Importance of curry leaves and its recipes	18 Dec. 2023.	58
	awareness was created among adolescent		
	Girls on	-	
28	50 college students participated in	26 th Dec.	78
	knowledge, college ,village sahaj jal	2023.	
	Bodh Abhiyan on		
29	Guest lecture at Vidya prasarani school	1st Jan. 2024.	110
	for Adolescent Girls on Diet Care,	15t Jan. 2024.	
	Personal Hygiene and Care was		
	delivered by Dr Surekha Bhosle on 1st		
	Jan. 2024.		
30	Student awareness was created about	10th Jan. 2024	190
	care for elderly by providing PDF of		,
	Manual Care for age developed by the	±	
	national Community Engagement		
	Academic Network Undawali		
	Foundation, Tamilnadu on 10th Jan.		
	2024		
31	Todays youth for future youth lecture	12th Jan. 2024	56
<i>J</i> 1	was conducted on occasion of Swami	12013011.2024	
	Vivekananda birth anniversary on 12th	DE. Pro	
	Jan. 2024	B. Pume L	Mu.
		*\\\`	MM

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Co-Ordinator

Internal Quality Assurance Cell
S.S.S.P.Mahavidyalaya Purna (Jn.)

PRINCIPAL

Swatantrya Sainik Suryabhanji Pawar

Art's College, Purna (Jn.)

Dist. Perbhani

Swatantrya Sainik Suryabhanji Pawar College

Purna (Jn.) Dist. Parbhani 431 511 Email ID: ssspcollegepurna@yahoo.com



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		MOD. INO.	9423443615
Ref No	Student Belly, was an dusted on the	Date 2024	: / /2024 54
32	Student Rally was conducted on the	30th Jan. 2024	34
	theme care for elderly to convey the		B
	message in society about care of elderly, 16 slogans were spread in society.		
	To slogalis were spread in society.		
33	Visit to two old age Homes Matoshree	13 Jan. 2024	38
	and Sneh was organised at village Asola	15 0411. 2021	
	in Parbhani district and distributed fruits,		
	shawls and created awareness among		
	students on old age problems and care		,
	for Elderly		
34	Home visits by students were given to	15 Jan.2024	20
	collect data about old age present		
	situation in society.		
35	Group discussion and seminar	25th Ionuani	56
	presentation on collected data by student	25th January 2024.	30
	was conducted on	2024.	
36	A detailed report on 5 objectives:	30 th Jan. 2024	42
	1) Today's youth for future youth		
	awareness lecture	1	
	2) Care for elderly Rally		
	3) Visit to old age Homes		
	4) Home visits by students for data		College, P.
	collection to learn present		arts College, Purps
	situation of elderly in society		Ser
	5) Group discussion and seminar	\	
	presentation on collected data.		The Constant of the Constant o
		a.	
	Was written and submitted		
	A modern and submitted		DAM.
		The Pro-	

Co-Ordinator
Internal Quality Assurance Cell
S.S.S.P.Mahavidyalaya Purna (Jn.)

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- Art's College, Purna (Jn.)
Dist. Parbhani

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पूर्णा (जं.) ता.पूर्णा जि.परभणी

website: www.spcollegepurna.edu.in

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Accredited with B grade by NAAC & 150 7001,2013	Mob. No.	9423443615
Ref No. : S.S.S.P.C./P/2024-25/	Date :	/ /2024
to NCEAN National Community		
Engagement Association Network		
Undawali Foundation Tamilnadu		
and online certificate of		
appreciation for college was		
collected.		
Batik textile printing techniques and its uses for decorative frame making was displayed on	27th Jan. 2024	64
Bridal blouse designs YouTube display on	Feb. 3,4 2024	53
Assessment of Nutritional Status of Anganwadi Children by Anthropometry at Pangra Dhone Villege	13 Feb.2024	. 25
Guidence to Teen Age Girls in school at Pangra Dhone about Menstrual Cycle personal hygine care and Diet.	13 Feb.2024	160
Baby cap making YouTube video display on	Feb. 24 2024	38
old clothes reuse and repair ideas video display on	April 12,2024.	39
8 project proposals were written and uploaded on subject expert group panel IIT Delhi for entrepreneurship development of women in villages.and displayed on college walls.	March 2024	750 Energy Pu
one SEG project on development of spices industry on agriculture production was sanctioned by UBA in	May 2024.	56
Percent of OBITIM		JANUL

Internal Quality Assurance Cell S.S.S.P.Mahavidyalaya Purna (Jn.) Dies Dachhani 424E44 /AA C 1

PRINCIPAL Swatantrya Sainik Suryabhanji Pawar · Art's College, Purna (Jn.) Dist. Parbhani

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Action taken report Best practice - I

Academic year 2023-24 Action planning Action taken To make aware women and girls Women and girls make aware about about women right women right by organizing women To create nutrition and health national seminar 30 oct.2023 awareness among rural women online and offline platform was adolescent girls children's and created for nutrition and health vouths awareness of women and girls during To plan environment awareness 2023-24 activities among school children Online platform was made available and college youths for students for environment To motivate rural youth for awareness: students participated in entrepreneurship development knowledge ,college ,villege sahaj jal and new startup bodh abiyan.2023-24 To create entrepreneurship Innovative start ups displayed on awareness among women and college walls. during academic year girls Created millet awareness among To create awareness of millets students, farmers and house among rural women and farmers wifes.2023-24 To plan and organize online guest Online guest lectures platform made

Co-Ordinator
Internal Quality Assurance Cell
S.S.S.P.Mahavidyalaya Purna (Jn.)
Dist.Parbhani - 431511 (M.S.)

lectures of renown experts in

various fields

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Details of activities with date pls see in

available to students

previous table.

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· Art's College, Purna (Jn.)

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पवार महाविद्यालय

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Date:

1

/2024

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Ref No. : S.S.S.P.C./P/2024-25/

Best practice II

Activities 2023-24

Child Guidance and Nutrition Counselling center

This center was established in February 2017 in the Department of Home Science, from its establishment various activities were run through the center in the academic year

2023-24 following activities were taken by C G N C

Sr.No.	Name of the activity	Date	Number of
			beneficiaries
1	BMI calculation	June 2023May 2024	260
2	Diet counselling	June 2023-May 2024	82
3	Theraphetic diet counselling	June 2023-May 2024	135
4	Counselling to pregnant women	June 2023-May 2024	36
5	Counselling to lactating women	June 2023-May 2024	47
6	Diet counselling to middle age	June 2023-May 2024	52
	women		
7	Diet counselling to old age women	June 2023-May 2024	29
8	Assessment of nutritional status of	June 2023-May 2024	83
	preschool children		
9	Assessment of intelligence quotient	June 2023-May 2024	81
	IQ of Preschool and school children	¥	<i>2</i> (0)

Co-Ordinator

Internal Quality Assurance Cell S.S.S.P.Mahavidyalaya Purna (Jn.) Dist.Parbhani - 431511 (M.S.)



PRINCIPAL
Swatantrya Sainik Suryabhanji Pawar
Art's College, Purna (Jn.)
Dist. Perbhani

Swatantrya Sainik Suryabhanji Pawar College

Purna (Jn.) Dist. Parbhani 431 511 Email ID: ssspcollegepurna@yahoo.com



अनुसया शिक्षण प्रसारक मंडळ, परभणी संचलित, स्वातंत्र्य सैनिक सूर्यभानजी

पवार महाविद्यालय पूर्ण (जं.) ता.पूर्ण जि.परभणी

website: www.spcollegepurna.edu.in

Dr. Rameshwar Pawar Principal

(M.Com., M.Lib.Sci., M.Phil., Ph.D.) Mob. No. 9423443615

Date:

/2024

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Best practice- II Child Guidance and Nutrition Counselling center

Activities 2023–24

Action plan

- To give diet counselling to people in the community, college students and staff during the academic year 2022-23
- To give guidance and counseling about scientific care and hygienic practices about prevention of viral infections
- To give nutrition counseling to all age group individuals
- To give therapeutic diet counseling
- To access nutritional status of children through anthropometry and compared with growth standards
- To access intelligence quotient IQ
 of preschool and school going
 children by applying age suitable IQ
 test
- To calculate BMI of students and individuals who are visiting CGNC centre.

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Action taken

- BMI body mass index of 260 individuals was calculated by using a body weight and height and formula of BMI calculation BMI = weight in kg / height in meter square
- Diet counseling to 82 individuals in community
 was given during the academic year 2023-24
- Therapeutic diet counseling was given to 135 individual about jaundice, fever, anemia diabetes etc.
- Diet counseling to pregnant women was given to
 36 pregnant women residing in Purna
- Diet counseling to lactating women was given to
 47 lactating women residing in Purna
- Diet counseling to 52 middle age women was given about symptoms of middle age menopause and diet care during middle age.
- Diet counseling to 29 old age was given about special care of diet during old age.
- Assessment of nutritional status of 83 preschool children was carried out in child guidance and nutritional counselling center
- Assessment of intelligence quotient (IQ) of 81 preschool and school going children was

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Swatantrya Sainik Suryabhanji Pawar
Art's College, Purna (Jn.)
Dist. Perbhani

Swatantrya Sainik Suryabhanji Pawar College

Purna (Jn.) Dist. Parbhani 431 511 Email ID: ssspcollegepurna@yahoo.com



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स्वातंत्र्य सैनिक सूर्यभानजी पवार महाविद्यालय

पूर्णा (जं.) ता.पूर्णा जि.परभणी website: www.spcollegepurna.edu.in

Dr. Rameshwar Pawar

Principal (M.Com.,M.Lib.Sci.,M.Phil.,Ph.D.) Mob. No. 9423443615

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calculated in CGNC by applying age suitable test.

Date:

Co-Ordinator

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